

ZC 2026: Session: 6: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vekeman Christophe

Coaches: Januarius Bart

Coaches: Silvestre Coralie HEADCOACH

Coaches: Leemans Mats

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 48: 100M FREESTYLE MEN 13-14			Heat:1, starttime: 14:00
Heat: 1/12 Lane : 5 Athlete: PEETERS TIBO			Q-time: 01:37:51
PB (50m pool): 01:40.62 Gent 08/02/2026			PB (25m pool): 01:37.51 SB: 01:40.62 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:46.88	01:40.62	
	00:46.88	00:53.74	
			

Coach feedback:

Event number: 48: 100M FREESTYLE MEN 13-14			Heat:5, starttime: 14:08
Heat: 5/12 Lane : 1 Athlete: DOBBELEIRE NIELS			Q-time: 01:14:44
PB (50m pool): 01:14.44 Antwerpen 15/03/2026			PB (25m pool): 01:15.18 SB: 01:14.44 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.49	01:14.44	
	00:36.49	00:37.95	
			

Coach feedback:

Event number: 48: 100M FREESTYLE MEN 13-14			Heat:11, starttime: 14:18
Heat: 11/12 Lane : 5 Athlete: BAS GASTON			Q-time: 01:05:28
PB (50m pool): 01:07.58 Gent 08/02/2026			PB (25m pool): 01:05.28 SB: 01:07.58 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:32.72	01:07.58	
	00:32.72	00:34.86	
			

Coach feedback:

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Event number: 50: 50M BREASTSTROKE MEN 15+										Heat:4, starttime: 14:46																			
Heat: 4/8 Lane : 6 Athlete: PEETERS KOBE																				Q-time: 00:37:63									
PB (50m pool): 00:37.67 Aalst 26/04/2026										PB (25m pool): 00:37.63SB: 00:37.67 Aalst 26/04/2026																			
		5 0 M																											
PB		00:37.67																											
		00:37.67																											
																													

Coach feedback:

Event number: 50: 50M BREASTSTROKE MEN 15+										Heat:5, starttime: 14:47																			
Heat: 5/8 Lane : 5 Athlete: VANDAELE FELIX																				Q-time: 00:36:51									
PB (50m pool): 00:36.51 Antwerpen 19/04/2026										PB (25m pool): 00:37.37 SB: 00:36.51 Antwerpen 19/04/2026																			
		5 0 M																											
PB		00:36.51																											
		00:36.51																											
																													

Coach feedback:

Event number: 50: 50M BREASTSTROKE MEN 15+										Heat:5, starttime: 14:47																			
Heat: 5/8 Lane : 6 Athlete: VEKEMAN KWINTE																				Q-time: 00:36:72									
PB (50m pool): 00:36.72 Molenbeek 01/02/2026										PB (25m pool): 00:36.99SB: 00:36.72 Molenbeek 01/02/2026																			
		5 0 M																											
PB		00:36.72																											
		00:36.72																											
																													

Coach feedback:

Event number: 51: 50M BACKSTROKE WOMEN 15+										Heat:1, starttime: 14:52	
Heat: 1/9 Lane : 3 Athlete: VANDERBEKEN SHAI'NA										Q-time: 00:42:32	
PB (50m pool): 00:54.63 Sint-Jans-Molenbeek 19/02/2023										PB (25m pool): 00:42.32 SB: no time	
	5 0 M										
PB	00:54.63										
	00:54.63										
											

Coach feedback:

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Event number: 51: 50M BACKSTROKE WOMEN 15+							Heat:3, starttime: 14:56		
Heat: 3/9 Lane : 3 Athlete: GHISLAIN EMILIE							Q-time: 00:38:64		
PB (50m pool): 00:38.64 Antwerpen 13/07/2025							PB (25m pool): 00:38.77 SB: 00:41.79 Gent 08/02/2026		
	5 0 M								
PB	00:38.64								
	00:38.64								
									

Coach feedback:

Event number: 51: 50M BACKSTROKE WOMEN 15+							Heat:4, starttime: 14:57	
Heat: 4/9 Lane : 4 Athlete: GHISLAIN JULIETTE							Q-time: 00:37:58	
PB (50m pool): 00:37.58 Antwerp 02/02/2025							PB (25m pool): 00:39.14SB: no time	
	5 0 M							
PB	00:37.58							
	00:37.58							
								

Coach feedback:

Event number: 51: 50M BACKSTROKE WOMEN 15+										Heat:5, starttime: 14:59																				
Heat: 5/9 Lane : 5 Athlete: LOUCKX CÉLIE																				Q-time: 00:37:22										
PB (50m pool): 00:38.77 Antwerpen 15/03/2026										PB (25m pool): 00:37.22 SB: 00:38.77 Antwerpen 15/03/2026																				
	5 0 M																													
PB	00:38.77																													
	00:38.77																													
																														

Coach feedback:

Event number: 51: 50M BACKSTROKE WOMEN 15+										Heat:9, starttime: 15:05																			
Heat: 9/9 Lane : 3 Athlete: HEYE MIRTHE																				Q-time: 00:34:64									
PB (50m pool): 00:35.19 Antwerpen 13/07/2025										PB (25m pool): 00:34.64SB: 00:35.73 Aalst 26/04/2026																			
		5 0 M																											
PB		00:35.19																											
		00:35.19																											
																													

Coach feedback:

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Event number: 52: 200M BACKSTROKE MEN 15+					Heat:1, starttime: 15:07
Heat: 1/4 Lane : 2 Athlete: VANDAELE FELIX					Q-time: 02:51:20
PB (50m pool): 03:04.31 Charleroi 11/05/2025					PB (25m pool): 02:51.20 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.11	01:30.29	02:18.85	03:04.31	
	00:42.11	00:48.18	00:48.56	00:45.46	
					

Coach feedback:

Event number: 53: 50M BUTTERFLY WOMEN 15+					Heat:1, starttime: 15:22
Heat: 1/11 Lane : 3 Athlete: VANDERBEKEN SHAÏNA					Q-time: 00:43:08
PB (50m pool): no time					PB (25m pool): 00:43.08 SB: no time
	5 0 M				
PB	no time				
	no time				
					

Coach feedback:

Event number: 53: 50M BUTTERFLY WOMEN 15+					Heat:3, starttime: 15:24
Heat: 3/11 Lane : 3 Athlete: GHISLAIN EMILIE					Q-time: 00:37:47
PB (50m pool): 00:37.94 Aalst 26/04/2026					PB (25m pool): 00:37.47 SB: 00:37.94 Aalst 26/04/2026
	5 0 M				
PB	00:37.94				
	00:37.94				
					

Coach feedback:

Event number: 53: 50M BUTTERFLY WOMEN 15+					Heat:9, starttime: 15:31
Heat: 9/11 Lane : 6 Athlete: GHISLAIN JULIETTE					Q-time: 00:33:29
PB (50m pool): 00:33.29 Antwerp 02/02/2025					PB (25m pool): 00:33.80 SB: 00:35.77 Gent 08/02/2026
	5 0 M				
PB	00:33.29				
	00:33.29				
					

Coach feedback:

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Event number: 53: 50M BUTTERFLY WOMEN 15+				Heat:10, starttime: 15:32	
Heat: 10/11 Lane : 3 Athlete: LOUCKX CÉLIE				Q-time: 00:32:78	
PB (50m pool): 00:34.15 Aalst 26/04/2026				PB (25m pool): 00:32.78 SB: 00:34.15 Aalst 26/04/2026	
	5 0 M				
PB	00:34.15				
	00:34.15				
					

Coach feedback:

Event number: 54: 50M BUTTERFLY MEN 13-14				Heat:7, starttime: 15:41	
Heat: 7/7 Lane : 1 Athlete: BAS GASTON				Q-time: 00:33:48	
PB (50m pool): 00:33.53 Antwerpen 19/04/2026				PB (25m pool): 00:33.48 SB: 00:33.53 Antwerpen 19/04/2026	
	5 0 M				
PB	00:33.53				
	00:33.53				
					

Coach feedback:

Event number: 56: 200M BREASTSTROKE MEN 15+				Heat:3, starttime: 16:08	
Heat: 3/5 Lane : 6 Athlete: VEKEMAN KWINTE				Q-time: 03:01:43	
PB (50m pool): 03:04.55 MOUSCRON 29/05/2025				PB (25m pool): 02:59.96 SB: 03:06.43 Aalst 26/04/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:44.45	01:32.21	02:21.41	03:04.55	
	00:44.45	00:47.76	00:49.20	00:43.14	
					

Coach feedback:

Event number: 56: 200M BREASTSTROKE MEN 15+				Heat:4, starttime: 16:12	
Heat: 4/5 Lane : 8 Athlete: PEETERS KOBE				Q-time: 02:56:93	
PB (50m pool): 02:59.80 Molenbeek 01/02/2026				PB (25m pool): 02:56.93 SB: 02:59.80 Molenbeek 01/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:25.31	no time	02:59.80	
	no time				
					

Coach feedback: